



To Jeni, Western is a place to learn about nutrition and exercise to ensure the health of her and her baby.

We go to Western

... to get a healthy start!

While searching for new and innovative solutions to the world's problems, Western researchers offer Londoners access to a wide range of unique programs – like the Exercise and Pregnancy Lab where proper nutrition and exercise makes for healthier moms and babies. From better pregnancies to helping those with hearing disorders, Western involves the community in its extensive research commitment.

Western has been contributing to the economic, social and cultural well-being of London since 1878. To learn more, please visit www.community.uwo.ca or call 519-661-2111 (80229).

*The University of
Western Ontario*



A commitment to our community is just one thing that helps make Western CANADA'S BEST STUDENT EXPERIENCE.